

POST-APPOINTMENT INFORMATION MICRONEEDLING

To ensure you get the very best results following your treatment, we recommend following the guidance below in the days after your appointment.

microneedling/microneedling/luxury microneedling/luxury microneedling + Ameela Exosomes

- Refrain from applying make-up for at least 48 hours following your appointment.
- Please avoid exercise for 48 hours following your treatment to minimise heat, sweating, and the introduction of bacteria to the skin.
- Prioritise good hygiene after your facial. Sleep on a clean pillowcase that evening, use a fresh cloth or flannel for each cleanse, and ensure makeup brushes are washed weekly and left to air dry naturally.
- Refrain from using any active ingredients, including retinol, exfoliants, or acids, for at least 5 days post-treatment to allow the skin barrier to fully recover.
- Avoid applying fragrance or perfume to the neck area for 48 hours following your treatment to prevent irritation.
- Avoid waxing, threading, or hair removal treatments for 7 days following your treatment
- You may notice some light peeling or shedding a few days afterwards. This is completely normal. Allow the skin to shed naturally and continue to support it with plenty of hydration and daily SPF.